#### Realize YOUR Full Potential Daily Healing Support Program

Over my 22 years of spiritual healing experience, I have experimented with numerous ways to help people to realize their full potential to heal, grow and succeed.

When people are in a crisis, the most effective way to help them is normally through a telephone healing session. While a LOT can be covered in a telephone session, what most of my clients really need is daily healing support and assistance to help us to consistently grow, heal, succeed and play nicely with others.

In the past I did this by offering four daily healing support programs for each area: Healing, Money, Spiritual Growth and Relationships. These programs became some of my most popular offerings since most participants felt a huge increase in their well-being when they joined the program.

What I noticed over time, however, was that while these daily support programs helped people in the area they chose to work on, their overall progress became uneven. While the area focused upon was much better over time it became unbalanced with the other ones.

It was like sitting on a three leg stool as opposed to a four leg stool. You can sit on both but you feel more stable with the four leg one.

I designed this program to help people to **realize their full potential in ALL areas of their life**. I decided to take the most powerful forty-four healing transmissions from each of the four areas and combine them to form the Realize YOUR Full Potential Daily Healing Support Program.

The rest of this document lists the descriptions for each of the forty-four daily healing transmissions that comprise this program. The cost of the Realize YOUR Full Potential Daily Healing Support Program is just \$77 a month, recurring.

As a bonus incentive and gift to participants I am also including in this program a daily Divine Ideal Clearing and Healing Blast to help each of us to clear, heal and release whatever is aligned with our highest good at that time PLUS a daily Feng Shui Home Clearing Blast (\$720 value).

#### Realize YOUR Full Potential Daily Healing Support Program: Healing Transmissions:

The healing part of the program has twelve healing sessions since I feel that is often the top priority for most participants. These transmissions help participants to:

- 1. Clear, heal, release and dissolve with love all fear, stress, anxiety, tension, worry and high cortisol levels.
- 2. Clear, heal, release and dissolve with love all energetic, genetic and epi-genetic weaknesses, imbalances, illness, disease and all genetic predispositions to disease.
- 3. Clear, heal, release and dissolve with love anything we ever thought, felt, said or did that negatively influenced or affected our health and well-being on all levels.
- 4. Clear, heal and upgrade the health, well-being and functioning of our energetic spaces, fields, chakras, meridians, cells, organs, systems and body.
- 5. Experience our optimal physical, emotional, mental, spiritual and financial health and well-being on all levels.
- 6. Feel peaceful, calm, balanced, centered and grounded at all times no matter what is going on all around us.
- 7. Clear, heal and release sadness, depression, downer emotions and all negative beings, thoughts, feelings, attitudes, memories, influences, self-talk, behaviors, programs and life experiences.
- 8. Increase your ability, capability and capacity to accept, like, love, trust, support, forgive, believe in and be true to ourselves.
- 9. Clear, heal, release and dissolve with love all obsessive/compulsive behavior, addictions, cravings and triggers.
- 10. Clear, heal, release and dissolve with love all emotional trauma, drama, pain and suffering.
- 11. Clear, heal, release and dissolve with love all negative self-talk and random inner dialog around our health and well-being on all levels.
- 12. Increase your ability, capability and capacity to feel great; be happy; look fantastic; sleep easily, deeply and well and experience a high energy level at all times.

## Realize YOUR Full Potential Daily Healing Support Program: Money Healing Transmissions:

The money healing part of the program has \_\_\_\_\_twelve healing sessions since I feel that is often the top priority for most participants. These transmissions help participants to:

- 1. Clear, heal, release and dissolve with love all lack and scarcity consciousness.
- 2. Clear, heal, release and dissolve with love all financial pressure, anxiety, stress, fears, karma, worry and tension.
- 3. Heal our relationship with money so that we can enjoy more of it.
- 4. Clear, heal, release and dissolve with love all negative self-talk and random inner dialog around money, employment or personal finances.
- 5. Clear, heal, release and dissolve with love anything we ever thought, felt, said or did that either lowered our financial vibration or repelled money away from us.
- 6. Clear, heal, release and dissolve with love all blocks we may have to allowing, receiving, magnetizing and attracting more abundance, prosperity and success to us.
- 7. Clear, heal, release and dissolve with love overspending and financial addictions and disorders.
- 8. Clear, heal, release and dissolve with love all limited, negative beliefs, thoughts, feelings, emotions, mindsets, attitudes and programming around money, employment and personal finances.
- 9. Increase your ability, capability and capacity to get out of debt ASAP and to stay out of debt.
- 10. Increase your ability, capability and capacity for gratitude, abundance, prosperity and success.
- 11. Increase your ability, capability and capacity to wisely manage our time, energy and money well.
- 12. Increase your ability, capability and capacity to create massive wealth and massive income.

# Realize YOUR Full Potential Daily Healing Support Program: Relationship Healing Transmissions:

The relationship healing part of the program has ten healing sessions since I feel that is often the top priority for most participants. These transmissions help participants to:

- 1. Clear, heal, release and dissolve with love any blocks, resistance or self-sabotage we have around playing nicely with others.
- 2. Clear, heal, release and dissolve with love any negative energies we take on energetically from others that does not belong to ourselves.
- 3. Clear, heal, release and dissolve with love anything we ever thought, felt, said or did that hurt others or negatively impacted or influenced our relationships.
- 4. Clear, heal, release and dissolve with love all negative self-talk and random inner dialog around our family, partner, friends, co-workers, bosses and all other relationships.
- 5. Clear, heal, release and dissolve with love taking things personally and people-pleasing.
- 6. Increase your ability, capability and capacity to always choose to respond with love rather than to react from fear.
- 7. Increase your ability, capability and capacity to unconditionally accept, love, trust and forgive ourselves, others and Spirit.
- 8. Increase your ability, capability and capacity to develop strong, healthy energetic boundaries with other people.
- 9. Increase your ability, capability and capacity to lovingly communicate effectively with others.
- 10. Align everything you think, feel, say or do with love.

## Realize YOUR Full Potential Daily Healing Support Program: Spiritual Growth Transmissions:

The spiritual growth healing part of the program has ten healing sessions since I feel that is often the top priority for most participants. These transmissions help participants to:

- 1. Clear, heal, release and dissolve with love anything we ever thought, felt, said or did that negatively impacted our ability to realize our full potential.
- 2. Clear, heal, release and dissolve with love anything we ever thought, felt, said or did that lowered, repressed or suppressed our vibration or was not aligned with our highest good.
- 3. Clear, heal, release and dissolve with love anything we ever thought, felt, said or did that was inauthentic, untrue to ourselves or not aligned with our soul.
- 4. Clear, heal, release and dissolve with love any blocks, resistance or self-sabotage we have around embodying our soul.
- 5. Clear, heal, release and dissolve with love any blocks, resistance or self-sabotage we have to releasing our past and living in the NOW.
- 6. Increase your ability, capability and capacity for mindfulness.
- 7. Clear, heal, release and dissolve with love any blocks, resistance or self-sabotage we have to getting out of our head and into our heart.
- 8. Increase your ability, capability and capacity to be nonattached to an outcome and energetically neutral at all times no matter what is going on around us.
- 9. Increase your ability, capability and capacity for love, compassion, wisdom, clarity, discernment, tolerance and inner peace.
- 10. Increase your ability, capability and capacity for realizing our full potential and to create a life that works for you and totally supports you on all levels.