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## 22 Days UVB Healing Programs

**22 Days to Embrace and Transcend Rapid Accelerated Chaotic Change**

**22 Days to Create, Receive and Earn More Money**

**22 Days to Become the Best Me I can Be**

**22 Days to Sleep Easily, Deeply and Well**

**22 Days to Heart Oriented Ascension**

**22 Days to Heal, Improve and Upgrade All of Our Relationships**

**22 Days to Embody Our Soul**

Sales Pages for 21 and 22 Day Programs

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## 22 Days to Embrace and Transcend Accelerated Chaotic Change

### Accelerated Change is Extremely Challenging

The world is experiencing a very turbulent period of accelerated change and most of us are struggling to adjust to the new frequencies flooding the planet.

This time period is especially challenging for light workers, empaths, spiritual teachers and highly evolved old souls because we are very sensitive to both the emotional chaos experienced by our family, friends and co-workers as well as the stress accelerated change has on the planet.

To succeed, thrive and flourish during accelerated chaotic change, you need to **shift your focus from what you have lost or what has been disrupted to how you can benefit and take advantage of the new opportunities** created by accelerated change. It is an opportunity for each of us to reexamine our lives and to create a life that supports on all levels.

### Shift from Resisting Change to Embracing It

Human beings have a strong preference for things being or remaining the same, fixed and constant. We just don't like change and unfortunately our first response to accelerated change is either to resist or fight it. Since this takes a lot of time and energy, the more we resist change the more energetically depleted we become.

Unfortunately, most of humanity is choosing to focus on what they have lost rather than taking advantage of the new potentialities. What this means is that over half of humanity is exhausted, depleted and burned out from the pressure created by accelerated change. The other half of humanity is freaked out, angry and resentful about the huge disruption in every area of modern life from money to politics to technology and medical breakthroughs.

Like anything, accelerated change offers each of us a choice: We can either fight or resist or embrace, accept it and take advantage of the new opportunities offered by accelerated change. **The quicker you shift the less disrupted your life will become.**

## **Money is Usually the First Area Disrupted by Rapid Change**

A lot of humanity is hugely struggling financially because our money, job and personal finances are often the first area to be disrupted and negatively impacted by rapid, accelerated, chaotic change.

If you ask your family and friends where their money and income originate, most of them will say their money comes from their job, business, investments or government pensions. The problem is that all of those things are outside of ourselves and therefore beyond our control.

**When we view our money and income as coming from outside of ourselves, we become much more vulnerable for our money to be disrupted by change.**

One of the challenges with rapid, accelerated, chaotic change is that most of us identify who we are with what we have. We look to the outer world to validate our perception of ourselves.

And that is perhaps fine when things are going great. When we have a great job, supportive partner and family, three new cars and a beautiful home...

But what happens when rapid technological change replaces your job or the economy dips and suddenly it is hard to pay the mortgage and car payments. The reality is that rapid change can screw up your life pretty fast.

And if you lose the great job, house and cars, it may negatively impact your relationship with your family. And how do you view yourself when all the good stuff and relationships in your get harder to keep and maintain and may even vanish.

If you base your self-image and self-worth on what you have rather than who you truly are, chaotic change can be devastating. **The truth is that who you are is so much more than what you have.**

The goal of this 22 Days Program is to help you to embrace accelerated change and become energetically neutral to it so you can master and benefit tremendously from it.

## The 22 Days to Embrace Accelerated Change Program Includes:

1. The first third of the program will focus on clearing the common blocks, resistance and self-sabotage we each have around change.
2. The second third of the program will focus on raising our vibration so we can handle accelerated change more gracefully.
3. The last third of the program will help each of us to master or transcend change and to tap into the momentum of accelerated change to create a life that works and that supports us on all levels.

Here is the list of topics for each day of the 22 days of the program:

### Day 1

Clear, Heal, Release and Dissolve with Love All Fear, Stress, Tension, Pressure, Worry and Anxiety Around Accelerated Change

### Day 2

Clear, Heal, Release and Dissolve with Love All Fear of and Resistance to Accelerated Chaotic Change

### Day 3

Clear, Heal, Release and Dissolve with Love All Drama and Trauma from Accelerated Chaotic Change



**Day 4**

**Clear, Heal, Release and Dissolve with Love Anything that Triggers You Around Accelerated Chaotic Change**

**Day 5**

**Clear, Heal, Release and Dissolve with Love All Whining, Complaining and Denial Around Accelerated Chaotic Change**

**Day 6**

**Clear, Heal, Release and Dissolve with Love Feeling Overwhelmed, Exhausted and Depleted by Accelerated Change**

**Day 7**

**Disconnecting from Planetary, Humanity and Mass Consciousness Fear of Rapid Accelerated Chaotic Change**

**Day 8**

**Clear, Heal, Release and Dissolve with Love Our Attachment to Past Ways of Being that No Longer Work Due to Rapid Change**

**Day 9**

**Embracing, Accepting and Celebrating Rapid Accelerated Chaotic Change**

**Day 10**

**Shifting from Reacting from Fear to Responding with Love to Accelerated Change**

**Day 11**

**Embodying Inner Peace and Tranquility During Rapid Accelerated Chaotic Change**

**Day 12**

**Embodying Emotional Positivity and Light-Heartedness in the Midst of Rapid Accelerated Chaotic Change**

**Day 13**

**Envisioning and Embodying Positive Expectancy in the Midst of Rapid Accelerated Chaotic Change**

**Day 14**

**Soften Your Energy and Embrace YOUR Divine Feminine Self to Flow with the Winds of Rapid Accelerated Change**

**Day 15**

**Focus On What YOU Can Control and Disregard the Rest**

**Day 16**

**Aligning with the Flow of Rapid Accelerated Chaotic Change**

**Day 17**

**Clear, Heal, Release and Dissolve with Love All Blocks We Have Around Fully Embodying “I AM the Source of My Abundance”**

**Day 18**

**Using the Momentum of Rapid Accelerated Chaotic Change to Create a Life that Supports YOU on All Levels**

**Day 19**

**Taking Advantage of the New Opportunities Created by Rapid Accelerated Chaotic Change**

**Day 20**

**Thriving and Flourishing During Rapid Accelerated Chaotic Change**

**Day 21**

**Becoming Energetically Neutral to Rapid Accelerated Chaotic Change**

**Day 22**

**Creating, Receiving and Embodying the Essence of Abundance, Prosperity and Success**

## What YOU Get and Ordering Information

The 22 Days to Embrace and Transcend Accelerated Change has 44 audio recordings. Each day I created two audios to participants who enroll in the program to help them with one specific focus.

The first audio is a clearing and healing mp3 and the second is an audio for guided visualization exercises that allow you to easily tap into the power of your soul to clear out specific issues and challenges you have around accelerated change. I use these visualizations all the time with telephone healing clients and they are very powerful and easy to apply.

In addition to the 44 mp3 audio recordings I prepared for this program, I am also offering each person who participates in this program a month of my Daily Healing and Support Program (\$77 value).



## DOWNLOAD PAGE FOR 22 DAYS TO EMBRACE ACCELERATED CHANGE:

### Day 1

Clear Fear, Stress, Tension, Worry and Anxiety Around Change

- [Control + Click Here to Download the Healing MP3](#)
- [Control + Click Here to Download the Guided Visualization MP3](#)

### Day 2

Clear All Fear of and Resistance to Accelerated Chaotic Change

- [Control + Click Here to Download the Healing MP3](#)
- [Control + Click Here to Download the Guided Visualization MP3](#)

### Day 3

Clear All Drama and Trauma from Accelerated Chaotic Change

- [Control + Click Here to Download the Healing MP3](#)
- [Control + Click Here to Download the Guided Visualization MP3](#)

### Day 4

Clear Anything that Triggers You Around Accelerated Chaotic Change

- [Control + Click Here to Download the Healing MP3](#)
- [Control + Click Here to Download the Guided Visualization MP3](#)

### Day 5

Clear Whining, Complaining and Denial Around Accelerated Change

- [Control + Click Here to Download the Healing MP3](#)
- [Control + Click Here to Download the Guided Visualization MP3](#)

### Day 6

Clear Feeling Overwhelmed and Exhausted by Accelerated Change

- [Control + Click Here to Download the Healing MP3](#)
- [Control + Click Here to Download the Guided Visualization MP3](#)

### Day 7

Disconnecting from Planetary and Mass Consciousness Fear of Change

- [Control + Click Here to Download the Healing MP3](#)
- [Control + Click Here to Download the Guided Visualization MP3](#)

## Clear Our Attachment to Behaviors that No Longer Work with Change

Day 8

- [Control + Click Here to Download the Healing MP3](#)
- [Control + Click Here to Download the Guided Visualization MP3](#)

## Embracing, Accepting and Celebrating Rapid Accelerated Chaotic Change

Day 9

- [Control + Click Here to Download the Healing MP3](#)
- [Control + Click Here to Download the Guided Visualization MP3](#)

## Shift from Reacting from Fear to Responding with Love to Rapid Change

Day 10

- [Control + Click Here to Download the Healing MP3](#)
- [Control + Click Here to Download the Guided Visualization MP3](#)

## Embodying Inner Peace and Tranquility During Rapid Accelerated Change

Day 11

- [Control + Click Here to Download the Healing MP3](#)
- [Control + Click Here to Download the Guided Visualization MP3](#)

## Embodying Emotional Positivity During Accelerated Change

Day 12

- [Control + Click Here to Download the Healing MP3](#)
- [Control + Click Here to Download the Guided Visualization MP3](#)

## Envisioning and Embodying Positive Expectancy During Rapid Change

Day 13

- [Control + Click Here to Download the Healing MP3](#)
- [Control + Click Here to Download the Guided Visualization MP3](#)

## Soften Your Energy to Flow with the Winds of Rapid Accelerated Change

Day 14

- [Control + Click Here to Download the Healing MP3](#)
- [Control + Click Here to Download the Guided Visualization MP3](#)

## Focus On What YOU Can Control and Disregard the Rest

Day 15

- [Control + Click Here to Download the Healing MP3](#)
- [Control + Click Here to Download the Guided Visualization MP3](#)

## Aligning with the Flow of Rapid Accelerated Chaotic Change

### Day 16

- [Control + Click Here to Download the Healing MP3](#)
- [Control + Click Here to Download the Guided Visualization MP3](#)

## Clear Blocks We Have to Embodying I AM the Source of My Abundance

### Day 17

- [Control + Click Here to Download the Healing MP3](#)
- [Control + Click Here to Download the Guided Visualization MP3](#)

## Using the Momentum Accelerated Change to Create a Life that Works

### Day 18

- [Control + Click Here to Download the Healing MP3](#)
- [Control + Click Here to Download the Guided Visualization MP3](#)

## Taking Advantage of the New Opportunities Created by Rapid Change

### Day 19

- [Control + Click Here to Download the Healing MP3](#)
- [Control + Click Here to Download the Guided Visualization MP3](#)

## Thriving and Flourishing During Rapid Accelerated Chaotic Change

### Day 20

- [Control + Click Here to Download the Healing MP3](#)
- [Control + Click Here to Download the Guided Visualization MP3](#)

## Becoming Energetically Neutral to Rapid Accelerated Chaotic Change

### Day 21

- [Control + Click Here to Download the Healing MP3](#)
- [Control + Click Here to Download the Guided Visualization MP3](#)

## Embodying the Essence of Abundance, Prosperity and Success

### Day 22

- [Control + Click Here to Download the Healing MP3](#)
- [Control + Click Here to Download the Guided Visualization MP3](#)

## 22 Days to Heart Oriented Manifesting

When I first envisioned this program, my initial thought that I should call it 22 Days to Make More Money. I loved that name because who doesn't want to make more money? But when I meditated upon who would be attracted to a program with this name, they just didn't feel like they would resonate with a heart and soul-oriented approach to manifesting.

My next idea was to call it the 22 Days to Mindfully Create More Money. But this title didn't work for me because while I love mindfulness, what I want to do in this program is to shift each of us to manifest from our soul and multi-dimensional HEART and NOT from our egoic mind and brains. Hence the title 22 Days to Heart Oriented Manifesting.

Our life is created from the inside out. We are the Source of Our Abundance, Money, Wealth, Income, Prosperity and Success. Every aspect of our outer life is created by our inner beliefs, consciousness and vibration. Most people manifest focus on creating the outer effects of abundance rather than focusing upon the inner source of abundance.

**If you have extraordinary focus and very few wishy-washy thoughts it can work for you but is much slower and less effective because it is a form of indirect manifesting.**

**The first goal of this program is to focus and strengthen your connection to your soul who acts as the gatekeeper between us and the higher dimensions which are the true origin of our abundance. Our soul both simultaneously creates everything in our life and receives everything in our life.**

**The act of creating focuses on purifying what our heart wants and adding higher vibrational frequencies to it. The act of receiving is about creating and expanding the number of energetic pathways we can receive from and clearing any blockages from the existing channels for receiving that we have already opened or tapped into to some extent.**

**The second goal of the program is help us to become more focused on creating and receiving and more aware of what we are creating and receiving rather than leaving it up to chance or wishy-washy thinking.**

## **Why do some people succeed and others fail financially?**

To make more money you must simultaneously create it from the inside out and then be open to receive it. The better your financial mindset or vibration is around money, the easier it is for you to create and receive more money.

Where do you feel your money, wealth, abundance, prosperity and success originate from? Most people have a mindset that their money, wealth, abundance, prosperity and success come from either a job or business or investments or pension or investments.

To the extent that you feel your money originates from outside yourself, you are giving away your financial power to others. What this means is that your income and money will often fluctuate depending on what both you and others feel is going on in your job, education level, the economy, how your business is doing etc.

Successful people with a prosperity consciousness know at a very deep level that they are the source of their abundance. This mindset makes it so much easier to manifest. If they want more money: they accept their financial situation as it is, take responsibility for their money situation and go within to create more money.

Another way to put it is that if you believe your money comes from outside of yourself you are indirectly manifesting whereas if you know deeply in your heart that you create money from inside of yourself, you are directly manifesting.



Direct manifestation is much more powerful because it is not only much more effective and efficient but also **because it is totally determined by yourself.**

Some people know that they are the source of their money but are unable to create more money because they are not open to receive more money. We all have a certain comfort zone or vibration about how much money we are open to receive. This is why it is so important to heal your relationship with money and raise your financial vibration so you feel comfortable having more of it.

**Our soul or spiritual connection/activity creates the energetic potential for money on the spiritual plane but we need to be able to receive and open to receive more money on the physical plane of reality.**

The upward financial spiral is where you create more money which increases the momentum to receive more money which expands your ability to create more money which increases your comfort zone so you can receive more money.

**This program largely focuses on three things:**

- **Healing our relationship with money so we can enjoy more of it;**
- **Deeply embodying the mindset that YOU are the source of your abundance which supports direct manifesting and helps you to create the energetic foundation which expands your energetic potential to create money.**
- **Expanding your financial vibration and ability to be open to receive ever-growing amounts of money.**

## The List of Topics for 22 Days to Heart Oriented Manifesting:

Day 1

Clear, Heal, Release and Dissolve with Love Feeling You Have Failed Financially, Feeling Frustrated that Nothing Can Help YOU to Create, Receive or Earn More Money & Giving Up on Even Trying to Succeed.

Day 2

Clear, Heal, Release and Dissolve with Love All Financial Anxiety, Stress, Fears, Tension, Worry and Pressure.

Day 3

Clear, Heal, Release and Dissolve with Love All Negative, Fearful, Dysfunctional Financial Programming and Mindsets from Our Family of Origin, Religions, Past and Parallel Lives and Mass Consciousness.

Day 4

Clear, Heal, Release and Dissolve with Love All Complaining, Whining and Expecting the Worst Possible Things to Happen to You Financially.

Day 5

Clear, Heal, Release and Dissolve with Love ALL Victim Consciousness Around Money and Giving Away Your Financial Power to Others.

Day 6

Clear, Heal, Release and Dissolve with Love Over Spending, Debt and Anything We Think, Feel, Say or Do that Repels Money Away from Us.

Day 7

Clear, Heal, Release and Dissolve with Love All Lack and Scarcity Consciousness and Any Blocks and Self-Sabotage You Have Around Shifting from Scarcity Consciousness to Prosperity Consciousness.

Day 8

Clear, Heal, Release and Dissolve with Love Any Blocks, Resistance or Self-Sabotage We Have Around Realizing, Embracing and Embodying that Money is Created from Within Us NOT Outside of Us.

Day 9

Clear, Heal, Release and Dissolve with Love Any Blocks, Resistance or Self-Sabotage We Have Around Easily Creating, Receiving and Earning More Money.

**Day 10**

Clear, Heal, Release and Dissolve with Love Any Blocks, Resistance and Self Sabotage Around Increasing Your Ability, Capacity and Capability to Easily Create, Receive and Earn More Money.

**Day 11**

Clear, Heal, Release and Dissolve with Love Any Blocks, Resistance or Self-Sabotage You May Have Around Shifting from an Indirect Manifesting Mindset to a Direct Manifesting Mindset.

**Day 12**

Clear, Heal, Release and Dissolve with Love Any Blocks You May Have Around Expanding Your Financial Vibration and Hugely Increasing Your Comfort Zone Around Creating, Receiving and Earning More Money.

**Day 13**

Clear, Heal, Release and Dissolve with Love Any Blocks You May Have Around Always Being Clear on What YOUR Money Situation Currently is and Expecting the Best Financial Outcomes to Happen.

**Day 14**

Clear, Heal, Release and Dissolve with Love Any Blocks, Resistance and Self Sabotage Around Being OPEN to Easily Create, Receive and Earn More Money.

**Day 15**

Clear, Heal, Release and Dissolve with Love Any Blocks, Resistance and Self Sabotage You Have Around Easily Creating, Receiving and Earning a Large, Dependable, Permanent and Ever-Growing Monthly Income.

**Day 16**

Clear, Heal, Release and Dissolve with Love Any Blocks, Resistance and Self Sabotage You Have Around Being Fully Open to Receive and Accept Prosperity.

**Day 17**

Clear, Heal, Release and Dissolve with Love Any Blocks, Resistance and Self Sabotage You Have Around Easily Doubling or Even Tripling Your Average Monthly Income.

**Day 18**

Embodying Your Soul's Ability, Capability and Capacity for Deserving, Allowing, Receiving, Visualizing and Manifesting

**Day 19**

Soul Alignment and Realization that YOU are the Source of YOUR Money, Wealth, Abundance, Income, Prosperity, Health and Success

**Day 20**

**Universal Abundance Grids Alignment**

**Day 21**

**VOID Alignment with the Field of Infinite Potentiality**

**Day 22**

**Creating, Receiving and Embodying the Essence of Abundance, Prosperity and Success**

## **What YOU Get and Ordering Information**

The 22 Days to Heart Oriented Manifesting has over 44 audio recordings. Each day I created two audios to participants who enroll in the program to help them with one specific focus.

I used a mix of different approaches to healing mp3s in this program since different people respond with each of these approaches. There are three types of audios included in this 22 day program. The first type is a clearing and healing mp3, the second type is an affirmation healing mp3 and the third type is a guided visualization mp3.

In addition to the over 44 mp3 audio recordings I prepared for this program, I am also offering each person who participates in this program a month of my Daily Healing and Support Program (\$77 value).



## 22 Days to Heart Oriented Manifesting Download Page:

### Day 1

Clear Feeling that You Have Failed Financially, Nothing Can Help YOU to Make More Money & Giving Up on Even Trying to Succeed.

- [Control + Click to Download the Healing MP3](#)
- [Control + Click to Download Information on Egocentric Manifesting](#)
- [Control + Click to Download the Affirmations Healing MP3](#)

### Day 2

Clear, Heal, Release and Dissolve with Love All Financial Anxiety, Stress, Fears, Tension, Worry and Pressure.

- [Control + Click to Download the Healing MP3](#)
- [Control + Click to Download the Guided Meditation MP3](#)

### Day 3

Clear All Negative, Fearful, Dysfunctional Financial Programming and Mindsets from Our Family of Origin, Past Lives and Religions.

- [Control + Click to Download the Healing MP3](#)
- [Control + Click to Download the Guided Meditation MP3](#)

### Day 4

Clear, Heal, Release and Dissolve with Love All Complaining, Whining and Expecting the Worst Possible Things to Happen to You Financially.

- [Control + Click to Download the Healing MP3](#)
- [Control + Click to Download the Guided Meditation MP3](#)

### Day 5

Clear, Heal, Release and Dissolve with Love ALL Victim Consciousness Around Money and Giving Away Your Financial Power to Others.

- [Control + Click to Download the Healing MP3](#)
- [Control + Click to Download the Guided Meditation MP3](#)

#### Day 6

Clear, Heal, Release and Dissolve with Love Over Spending and Anything We Think, Feel, Say or Do that Repels Money Away from Us.

- [Control + Click to Download the Healing MP3](#)
- [Control + Click to Download the Guided Meditation MP3](#)

#### Day 7

Clear All Lack and Scarcity Consciousness and Any Self-Sabotage You Have Around Shifting from Scarcity to Prosperity Consciousness.

- [Control + Click to Download the Healing MP3](#)
- [Control + Click to Download the Affirmation MP3](#)

#### Day 8

Clear All Self-Sabotage We Have Around Realizing, Embracing and Embodying that Money is Created from Within Us NOT Outside of Us.

- [Control + Click to Download the Healing MP3](#)
- [Control + Click to Download the Guided Meditation MP3](#)

#### Day 9

Clear Any Blocks, Resistance or Self-Sabotage We Have Around Easily Creating, Receiving and Earning More Money.

- [Control + Click to Download the Healing MP3](#)
- [Control + Click to Download the Guided Meditation MP3](#)

#### Day 10

Clear Self Sabotage Around Increasing Your Ability, Capacity and Capability to Easily Create, Receive and Earn More Money.

- [Control + Click to Download the Healing MP3](#)
- [Control + Click to Download the Affirmation MP3](#)
- [Control + Click to Download the 2<sup>nd</sup> Affirmation MP3](#)

**Day 11**

**Clear Blocks or Self-Sabotage You May Have Around Shifting from a Indirect Manifesting Mindset to a Direct Manifesting Mindset.**

- [Control + Click to Download the Healing MP3](#)
- [Control + Click to Download the Affirmation MP3](#)

**Day 12**

**Clear Blocks You May Have Around Expanding Your Financial Vibration Your Comfort Zone Around Creating and Receiving LOTS of Money.**

- [Control + Click to Download the Healing MP3](#)
- [Control + Click to Download the Affirmation MP3](#)

**Day 13**

**Clear Any Blocks You Have Around Always Being Clear on What YOUR Money Situation Currently is and Expecting the Best Financial Outcome**

- [Control + Click to Download the Healing MP3](#)
- [Control + Click to Download the Affirmation MP3](#)

**Day 14**

**Clear Any Blocks, Resistance and Self Sabotage Around Being OPEN to Easily Create, Receive and Earn More Money.**

- [Control + Click to Download the Healing MP3](#)
- [Control + Click to Download the Affirmation MP3](#)

**Day 15**

**Clear Any Blocks and Self Sabotage You Have Around Easily Receiving a Large, Dependable, Permanent and Ever-Growing Monthly Income.**

- [Control + Click to Download the Healing MP3](#)
- [Control + Click to Download the Affirmation MP3](#)

**Day 16**

Clear Any Blocks, Resistance and Self Sabotage You Have Around Being Fully Open to Receive and Accept Prosperity.

- [Control + Click to Download the Healing MP3](#)
- [Control + Click to Download the Affirmation MP3](#)

**Day 17**

Clear Any Blocks, Resistance and Self Sabotage You Have Around Easily Doubling or Even Tripling Your Average Monthly Income.

- [Control + Click to Download the Healing MP3](#)
- [Control + Click to Download the Guided Meditation MP3](#)

**Day 18**

Embodying Your Soul's Ability, Capability and Capacity for Deserving, Allowing, Receiving, Visualizing and Manifesting.

- [Control + Click to Download the Healing MP3](#)
- [Control + Click to Download the Guided Meditation MP3](#)

**Day 19**

Soul Alignment and Realization that YOU are the Source of YOUR Money, Wealth, Abundance, Income, Prosperity, Health and Success.

- [Control + Click to Download the Healing MP3](#)
- [Control + Click to Download the Guided Meditation MP3](#)

**Day 20**

Universal Abundance Grids Alignment

- [Control + Click to Download the Healing MP3](#)
- [Control + Click to Download the Guided Meditation MP3](#)

**Day 21**

VOID Alignment with the Field of Infinite Potentiality

- [Control + Click to Download the Healing MP3](#)
- [Control + Click to Download the Guided Meditation MP3](#)



## Day 22

Creating, Receiving and Embodying the Essence of Abundance, Prosperity and Success.

- [Control + Click to Download the Recap MP3](#)
- [Control + Click to Download the Guided Meditation MP3](#)

# UVB GROUP HEALING MP3s

## Exponential Self Improvement

In this group healing I created a list of over twenty of my favorite affirmations and applied the Universal Vibration Booster (UVB) healing technique to clear all blocks we have around embodying them.

On the one hand, I love the power of affirmations but the downside is it feels like it takes forever to hardwire them into our subconscious mind. By applying the UVB to clear the resistance we have to embodying them, this immensely accelerates the process.

**The affirmations included in this recording are listed below:**

1. **Every day in every way I AM getting better and better.**
2. **Every day in every way I AM feeling better and better.**
3. **Every day in every way my attitudes and mindsets are getting better and better.**
4. **Every day in every way ability to heal, grow and improve myself is getting better and better.**
5. **Every day in every way my physical, emotional, mental and spiritual health and well-being is getting better and better.**
6. **Every day in every way my body, organs and systems are getting better and better.**
7. **Every day in every way all of my relationships are getting better and better.**
8. **Every day in every way my job is getting better and better.**

9. **Every day in every way my spiritual vibration is getting better and better.**
10. **Every day in every way my financial vibration is getting better and better.**
11. **I now dissolve with love all anxiety, stress, fear, tension and worry.**
12. **Every day in every way I love, trust and accept myself more and more.**
13. **I easily have all that I want now.**
14. **Life is good. All is well in my world.**
15. **I appreciate all that I AM and all that I have.**
16. **I AM always peaceful, calm, balanced, centered and grounded no matter what is going on around me.**
17. **Every day in every way ability to love, trust and accept myself and others is getting better and better.**
18. **Every day in every way my quality of life is getting better and better.**
19. **Every day in every way my ability to realize my full potential is getting better and better.**
20. **Every day in every way my ability to be the best me I can be is getting better and better.**
21. **I now sleep well, feel great, have fun, help others and make lots of money.**

**The cost of this UVB Group Healing MP3 is just \$33.**



# **Raising, Sustaining and Embodying a High Spiritual Vibration**

My greatest spiritual gift is my ability to help people to raise their vibration. This powerful UVB group healing MP3 contains twenty-one powerful transmissions to help each of us to not only raise our spiritual vibration but also to maintain it at a high level as well.

**The healing transmissions included in this recording are listed below:**

- 1. Clear, heal, release and dissolve with love all blocks, resistance and self-sabotage we have around raising, sustaining, embodying and maintaining a high spiritual vibration no matter what is going on around and within us.**
- 2. Clear, heal, release and dissolve with love all blocks, resistance and self-sabotage we have around increasing our ability, capability and capacity to raise, sustain and embody a high spiritual vibration.**
- 3. Clear, heal, release and dissolve all blocks, resistance and self-sabotage we have around victim consciousness and giving away our power to others.**
- 4. Clear, heal, release and dissolve with love all blocks, resistance and self-sabotage we have around becoming energetically neutral to anything that triggers, agitates or upsets us.**
- 5. Clear, heal, release and dissolve with love all blocks, resistance and self-sabotage all negative, unloving or fearful energies we have taken on energetically from others and the planet.**
- 6. Clear, heal, release and dissolve with love all blocks, resistance and self-sabotage we have around shifting from lack and scarcity consciousness and mindset to a prosperity consciousness and mindset.**

- 7. Clear, heal, release and dissolve with love all blocks, resistance and self-sabotage created by negative, fearful and dysfunctional family-of-origin programming.**
- 8. Clear, heal, release and dissolve with love all blocks, resistance and self-sabotage created by negative, fearful and dysfunctional religious and mass consciousness programming.**
- 9. Clear, heal, release and dissolve with love all blocks, resistance and self-sabotage we have around living in the now.**
- 10. Clear, heal, release and dissolve with love all blocks, resistance and self-sabotage we have around permanently boosting our self-acceptance, self-esteem, self-worth, self-confidence, self-trust and self-love.**
- 11. Clear, heal, release and dissolve with love all blocks, resistance and self-sabotage we have around shifting from reacting from fear to responding with love.**
- 12. Clear, heal, release and dissolve with love all blocks, resistance and self-sabotage we have around being authentic, real and true to ourselves.**
- 13. Clear, heal, release and dissolve with love all anxiety, fear, worry, stress, tension and pressure.**
- 14. Clear, heal, release and dissolve with love all blocks, resistance and self-sabotage we have around getting out of our head and into our heart.**
- 15. Clear, heal, release and dissolve with love all blocks, resistance and self-sabotage we have around taking things personally, beating up on ourselves and negatively comparing ourselves to others.**
- 16. Clear, heal, release and dissolve with love all blocks, resistance and self-sabotage we have around embodying our soul.**

17. **Clear, heal, release and dissolve with love all blocks, resistance and self-sabotage we have around unlocking and realizing our full potential with massive ease and grace.**
18. **Clear, heal, release and dissolve with love all blocks, resistance and self-sabotage we have around permanently increasing our ability, capability and capacity to love, trust and accept ourselves, others and spirit.**
19. **Clear, heal, release and dissolve with love all blocks, resistance and self-sabotage we have around creating a life that supports us on all levels.**
20. **Clear, heal, release and dissolve with love all blocks, resistance and self-sabotage we have around becoming the best me i can be.**
21. **Clear, heal, release and dissolve with love all blocks, resistance and self-sabotage we have around embodying heart-oriented ascension.**

**The cost of this UVB Group Healing MP3 is just \$33.**



## Raising, Sustaining and Embodying a High Financial Vibration

I really enjoyed last week's UVB group healing session around embodying a high spiritual so I decided to one this week around embodying a high financial vibration.

**The financial healing transmissions in this recording are listed below:**

- 1. Clear, heal, release and dissolve with love all blocks, resistance and self-sabotage we have around raising, sustaining, embodying and maintaining a high financial vibration no matter what is going on around and within us.**
- 2. Clear, heal, release and dissolve with love all blocks, resistance and self-sabotage we have around increasing our ability, capability and capacity to raise, sustain and embody a high financial vibration.**
- 3. Clear, heal, release and dissolve with love all money-related and financial drama, trauma, anxiety, fear, worry, stress, tension and pressure.**
- 4. Clear, heal, release and dissolve with love all blocks, resistance and self-sabotage we have around healing our relationship with money so that we can have more money.**
- 5. Clear, heal, release and dissolve with love all blocks, resistance and self-sabotage we have around embodying the affirmation: "I am open to receive. I accept prosperity.**
- 6. Clear, heal, release and dissolve with love all obsessing upon, complaining and whining about our money or the lack thereof, personal finances or jobs.**
- 7. Clear, heal, release and dissolve with love all blocks, resistance and self-sabotage we have around getting out of debt and staying out of debt.**

8. **Clear, heal, release and dissolve with love all anger, rage, resentment we may feel around wealthy people and the unequal distribution of wealth and income.**
9. **Clear, heal, release and dissolve with love all blocks, resistance and self-sabotage we have around over-spending, financial self-sabotage and anything we think, feel, say or do that repels money away from us.**
10. **Clear, heal, release and dissolve with love all blocks, resistance and self-sabotage we have around embodying the affirmation: "Every day in every way, my money and financial situation is getting better and better."**
11. **Clear, heal, release and dissolve with love all blocks, resistance and self-sabotage we have around embodying the affirmation: "Every day in every way, my financial vibration and mindset is getting better and better."**
12. **Clear, heal, release and dissolve with love all blocks, resistance and self-sabotage we have around embodying the affirmation: "I am open to receive. I accept prosperity."**
13. **Clear, heal, release and dissolve with love all blocks, resistance and self-sabotage we have around embodying the affirmation: "Money is awesome. I love money and money loves me."**
14. **Clear, heal, release and dissolve with love all blocks, resistance and self-sabotage we have around embodying the affirmation: "Money is awesome. I love money and money loves me. I am magnetic to money and money is magnetic to me. I AM a mighty money magnet."**
15. **Clear, heal, release and dissolve with love all blocks, resistance and self-sabotage we have around becoming energetically neutral to anything that triggers, agitates or upsets us around money, our personal finances, jobs, business or investments.**



16. **Clear, heal, release and dissolve with love all dysfunctional, limiting and fear-oriented financial programming, money beliefs, financial mindsets from our family, mass consciousness, religious programming or past and parallel lives.**
17. **Clear, heal, release and dissolve with love all blocks, resistance and self-sabotage we have around shifting from lack and scarcity consciousness and mindset to a prosperity consciousness and mindset.**
18. **Clear, heal, release and dissolve with love all blocks, resistance and self-sabotage we have around aligning 100% with the Law of Attraction.**
19. **Clear, heal, release and dissolve with love all blocks, resistance and self-sabotage we have around embodying the attitude of gratitude.**
20. **Clear, heal, release and dissolve with love all blocks, resistance and self-sabotage we have around embodying financial peace of mind.**
21. **Clear, heal, release and dissolve with love all blocks, resistance and self-sabotage we have around becoming more mindful about money, our money beliefs, mindsets and habits and the financial choices we make around money.**

**The cost of this UVB Group Healing MP3 is just \$33.**



# Healing ALL of Our Relationships

In this group healing for our relationships, I created a list of some of my most effective and powerful relationship healing transmissions and applied the Universal Vibration Booster (UVB) healing technique to clear all blocks we have around embodying them.

The relationship healing transmissions in this recording are listed below.

## Clearing, Healing and Releasing with Love ALL Blocks, Resistance and Self-Sabotage We Each Have Around:

1. Clearing any negative, fearful or unloving energies, vibrations, frequencies and influences we took on energetically from other people and the planet.
2. Increasing our ability, capability and capacity to embody high self-esteem, self-acceptance, self-worth, self-confidence, self-trust and self-forgiveness.
3. Embodying the affirmation: "Every day in every way ALL of my relationships are getting better and better."
4. Creating, sustaining and maintaining healthy, loving, supportive and nurturing relationships with the most important people in our life.
5. Healing Our Relationship with Ourselves.
6. Healing our relationship with our family of origin, partners, children, grandchildren, nieces, nephews and in-laws.
7. Anything we think, feel, do or say that negatively impacts our relationships with others or repels others away from us.

- 8. Giving away our power to others.**
- 9. Taking things personally.**
- 10. Relationship and emotional drama and trauma.**
- 11. Complaining, whining, comparing, blaming, shaming, guilt and obsessing about other people.**
- 12. Embodying a positive mental attitude, inner peace and always expecting the best possible outcome.**
- 13. People pleasing and looking outside of ourselves for validation from others.**
- 14. Living authentically from our heart and being true to ourselves no matter what is going on around and within us.**
- 15. Creating, maintaining and sustaining strong, healthy, ever-evolving boundaries with ourselves, other and Spirit.**
- 16. Becoming energetically neutral to anything that triggers us from our interactions with others.**
- 17. Becoming energetically neutral to passive aggressive and narcissistic behavior.**
- 18. Communicating with love from our hearts.**
- 19. Becoming more mindful about what we think, feel, say or do when we interact with others.**

**20. Becoming a Good Listener.**

**21. Becoming Clearer About What You Need to Do to Heal Your Relationships with Others and Actually DOING it.**

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## Healing the Top 38 Most Common Money Blocks

The holiday season can be very stressful for many of us. And really who hasn't ever struggled to buy lots of nice things for our family and loved ones even if it may be financially challenging to do so.

I was only going to the top 25 most common money blocks and I thought I would have to look at the Internet to add some. However just thinking about myself and past clients I have helped with money blocks, and I came up with 38 of them so I just decided to include all of them in this session and mp3.

**In this UVB Group Healing Session We Will Clear, Transmute, Heal, Release and Dissolve with Love the Following 38 Money Blocks:**

1. Financial Stress, Anxiety, Fear, Tension, Pressure and Worry
2. Financial Self-Sabotage and All the Ways We Repel Money Away from Us
3. Lack and Scarcity Consciousness and Anything that Supports it Within Us
4. Believing that Nothing Works to Help You Financially so Why Bother
5. Feeling/Remembering Financial Trauma and Traumatic Experiences from Our Past
6. Feeling Disempowered and Feeling You are a Financial Victim
7. Feeling You Don't Deserve to Have Lots of Money and Financial Stability
8. Feeling that There is Never Enough Money to Do what You Want to Do
9. Feeling that Money Doesn't Grow on Trees
10. Not Being Open to Receive, Allow or Accept Money, Prosperity and Success
11. Always Expecting the Worst Possible Financial Outcome Not the Best One

12. **Financial Regret and Over-Focusing upon Past Financial Mistakes and Choices**
13. **Fear of Failure and Fear of Success**
14. **Fear of Taking Risks**
15. **Feeling YOUR Money is Dependent Upon Your Boss, the Economy, Stock Market, or the Government**
16. **Feeling that You Have No Influence or Control Over Your Money and Income**
17. **Feeling You Can't Earn More Money than Your Family and Friends**
18. **Not Understanding that YOU are the Source of Your Money, Wealth, Income and Success**
19. **Negative, Limiting, Toxic Financial Beliefs from Our Family of Origin**
20. **Negative, Limiting, Toxic Financial Beliefs from Our Partner and In-Laws**
21. **Negative, Limiting, Toxic Financial Beliefs from Humanity and Mass Consciousness**
22. **Negative, Limiting, Toxic Financial Beliefs from the World Religion**
23. **Negative, Limiting, Toxic Financial Beliefs from Media, Social Media, Music and Art**
24. **Negative, Limiting, Toxic Financial Beliefs from Past and Parallel Lives**
25. **Feeling that Money, Wealth and Success are for Other People but NOT Us**
26. **Feeling Money is Evil, Unspiritual or Filthy/Dirty**
27. **Obsessing about Money or the Lack of Money**
28. **Freaking Out About Money or the Lack of Money**
29. **Complaining, Whining and Having a Negative Attitude Around Money**
30. **Being and Feeling Trapped by Debt and the Inability to Get Out and Stay Out of Debt**

- 31. **Giving Away Our Financial Power to Others or Taking Financial Power Away from Others**
- 32. **Disliking Wealthy People**
- 33. **Anything that Triggers Us Around Money and Anything that Energetically Supports This**
- 34. **Feeling Having More Money is a Hassle and the Government Ends Up with It not You**
- 35. **Feeling Undeserving and Incapable of Having Money**
- 36. **Money Leaks and Gaps in Our Energetic Fields**
- 37. **Financial Blind-Spots You Are Unaware of that Influence Your Ability to Prosper and Succeed**
- 38. **Not Seeing or Being Able to Perceive the Abundance and Opportunities to Succeed that Surround You**

**The cost of this power money healing mp3 is just \$33.**



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### Embodying Bill's Favorite Healing Affirmations

1. Every day in every way I AM getting better and better.
2. Every day in every way my health and well-being on all levels is getting better and better.
3. Every day in every way my body, organs, systems and DNA are getting better and better.
- 4.
5. Every day in every way my ability to heal myself is getting better and better.
6. I now dissolve with love all anxiety, stress, fear, tension and worry I have around my health, well-being and body.
7. Every day in every way I AM getting better and better.
8. I am always happy, healthy, fit, trim and filled with energy.
9. I love my body and my body loves me.
10. I take care of my body and my body takes care of me.
11. I now feel great and look fabulous.
12. I AM the Source of My Health.

### Embodying Bill's Favorite Money Affirmations

1. Every day in every way I AM getting better and better.
2. Every day in every way my money situation is getting better and better.
3. Every day in every way my relationship with money is getting better and better.
4. Every day in every way my financial vibration is getting better and better.
5. Money is awesome. I love money and money loves me.
6. Money is awesome. I am magnetic to money and money is magnetic to me. I AM a mighty money magnet.
7. I now dissolve with love all anxiety, stress, fear, tension and worry I have around my money, job and personal finances.
8. I now easily get out of debt and stay out of debt.
9. I am open to receive. I accept and embody prosperity.



10. I now easily have a large, dependable, permanent and growing income.
11. Money flows into my life from many sources. I am a great success.

#### Embodying Bill's Favorite Business Affirmations

1. Every day in every way I AM getting better and better.
2. Every day in every way my business is getting better and better.
3. Every day in every way my ability to attract my most perfect possible customers is getting better and better.
4. Every day in every way I AM getting better and better.
5. Every day in every way I AM getting better and better.

#### Embodying Bill's Favorite Relationship Affirmations

1. Every day in every way I AM getting better and better.
2. Every day in every way I AM getting better and better.
3. Every day in every way I AM getting better and better.
4. Every day in every way I AM getting better and better.
5. Every day in every way I AM getting better and better.

#### Embodying Bill's Favorite Affirmations

1. Every day in every way I AM getting better and better.
2. Every day in every way I AM getting better and better.
3. Every day in every way I AM getting better and better.
4. Every day in every way I AM getting better and better.
5. Every day in every way I AM getting better and better.